

## **Prayer Palanca General Guidelines**

Dear Prayer Warrior in Christ,

Participating in prayer palanca is one of the greatest blessings you will receive at this Tres Dias weekend.

You and another team member will go into the prayer room with the rollista, escorts and spiritual director. Each of you may offer up a short prayer for the rollista, the rollo and the candidates. The rollista and the spiritual director will then go to the rollo.

To help you in praying specifically, a poster showing the seating arrangements will be displayed. This will enable you to pray by name and by table for each candidate and professor.

There is also a Prayer Wheel showing people from the community praying continually during the weekend.

Here are some guidelines to remember while you pray:

1. Ask the Holy Spirit how to pray. He is your teacher.
2. Pray in whatever position you feel most comfortable: prostrate, kneeling, standing, sitting or walking. It's the attitude of the heart that is important to the Father.
3. Be sensitive to your prayer partner with regard to order of prayer, silent praying, worship and times of waiting on God.
4. Remember, "Jesus Christ who died, more than that, who was raised to life, is at the right hand of God, and is also interceding for us." Romans 8:34

Praying with your partner and feeling the Holy Spirit's presence provides you with fantastic time communing with our heavenly Father, speaking to Him about the weekend, interceding for the professors and candidates, and allowing Him to speak to you.

The rollista will return to the prayer room with the Spiritual Director after the rollo. All of you will join together for a time of praise and thanksgiving for what God has accomplished. Bless Him that He has used His servant to proclaim His word.